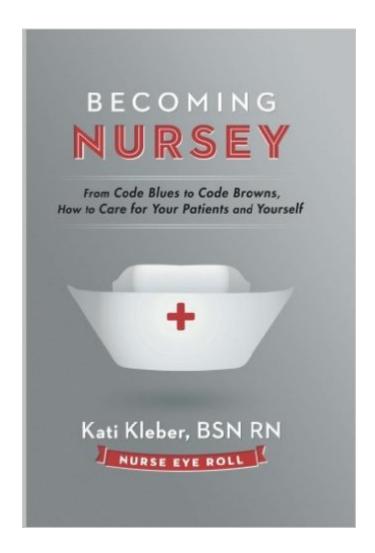
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Becoming Nursey: From Code Blues To Code Browns, How To Care For Your Patients And Yourself





Synopsis

Nursing isn't a career; it's a calling. Learning how to be a great nurse at the bedside while maintaining your sanity at home is no easy task. This book talks about how to realistically live as a nurse, both at home and at the bedside.. with a little humor and some shenanigans along the way. Comprised of both stories from the bedside and practical and honest advice, this book will provide you the tools you need to become a safe, caring, and efficient nurse as fast as possible. Based off of the popular nursing blog, Nurse Eye Roll, this ebook aims to ease the challenging transition from overwhelmed graduate nurse to successful bedside nurse. Get ready guys, itâ ™s about to get real, real nursey.

Book Information

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Best Sellers Rank: #29,248 in Books (See Top 100 in Books) #45 in Books > Medical Books >

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Customer Reviews

This was a quick little read about real life nursing. Certainly much more interesting and applicable than anything we ever had to read in nursing school! In my opinion, having been written by a fairly recent grad, some of it seemed much more applicable to someone who was just entering the work force. When discussing work/life balance, the author clearly states she does not have children and is newly married. I think younger grads will find much of this information very helpful. However, for second career nurses, much of it is common sense by now. I did enjoy the time management chapter very much and thought she offered some great tips. The issue of time management is a HUGE thing to deal with upon graduation, and something that we can't really be prepared for during our schooling. Also, the chapter on assessments was helpful. The writing is light-hearted and easy to read. It's very straight forward. There are take home points for any new nurse.

Great advice for nursing students and new grads while being comical and quirky at the same time. Kati explains the real side of nursing- the things nursing school DOESN'T teach you. This books motivates me to become the best nurse I can and I find Kati to be a real role model. :) Thank you for writing this!

If you are a nurse or ever thought of becoming one, get this book. I have been in the profession for over 35 years and purchased this book for my daughter in law who is just starting her nursing career. I started reading it before wrapping it and couldn't put it down. Kati Klleber truly captures what it is like in the day to day world of health care for nurses. She makes you remember why you both love and loathe this profession every single day when we must give of ourselves so much. But I would never have it any other way.

I am an RN and my daughter will be graduating soon from RN school. She was feeling the stress and self-doubts that I remember from when I was in school. This book is written by and RN that is close to my daughter's age. Kati Kleber, RN absolutely hit it out of the park with this book. She has the first hand knowledge, the experience, tender and humorous stories to keep anyone entertained, educated and enthralled with the job we do. She also has some great personal advice that she imparts for RN students, for the NCLEX exam, interviewees and resume writers but also practical advice for working as an RN. This was a great read! I enjoyed it and now so is my daughter. Thank you Katie for showing that we are humans after all.

I could never be a nurse. It's just too hard. Not only do they have to physically take care of patients (and their body fluids and waste products) but emotionally support said patients, their families, their doctors, and supervise an army of certified nursing aids. Did I mention that they also must diagnose, manage, and monitor disease in real time? It was under these auspices that I came across Becoming Nursey by Katie Kleber while I was working to promote my own book. I checked her out on twitter (@NurseEyeRoll) and was intrigued enough to jump on and buy the book. I was very glad I did. This is a must read for new nursing graduates, students, and anyone who dreams of entering this sacred profession. The practical information contained in this book is priceless. Everything from surviving nursing school, to passing board exams, to organizing your time as a floor nurse is covered. The text is a clear, organized, and easy to follow set of instructions for tackling day to day challenges. How I wish I had this type of manual for medical school and residency! What I think is almost more valuable, however, to not only nurses but also doctors and the community as a whole,

is the emotional candor of the book. Often humorous, sometimes heart-breaking, Kati paints in broad brush strokes the humanity of the profession in general. We laugh at the descriptions of the physical pitfalls when she describes tackling the not so delicate parts of her job, and we cry when she tells of the emotional hazards we all face while caring for our fellow human beings. Buy it. It's a great read!

This is exactly the kind of book I wish I got when I was starting the second year of nursing school. It's not a complete guide, but it definitely helps give sense to the new nurse. It might not be that interesting to a more experienced nurse, in my opinion, since there's so much like tips for interviewing, how to prioritize your work flow, that kind of thing. Kleber does write with a really clear voice and with a great dose of humor. She really strikes me as a conscientious, caring, smart nurse, the kind you'd want as your nurse if you or your loved one was in the hospital or to be your preceptor during clinicals. As someone who went from school to the OR, most of this book doesn't apply to me, though, but I still appreciated this for what it is.

A good read but nothing revolutionary. Despite its secondary title, I still do not know what the codes stand for... I like that she puts a good deal of emphasis on caring for yourself because nurses often neglect to do that.

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